FORKS DINER
PACIFIC NORTHWEST

GRILLED LUNCH

BURGERS

THE 1/3 POUNDER
1/3 pound of juicy black angus beef
$9.25 720 CALS | **CHEESE: $9.75** 840 CALS
BACON + CHEESE: $11.25 930 CALS

CHICKEN SANDWICH
classic chicken sandwich
$9.25 600 CALS | **CHEESE: $9.75** 700 CALS
BACON + CHEESE: $11.25 810 CALS

BLACK BEAN BURGER
1/3 pound of juicy black bean patty
$7.25 490 CALS | **CHEESE: $8.25** 620 CALS
BACON + CHEESE: $10.00 720CALS

INGREDIENTS

choice of griddled onion, tomato, lettuce on a toasted bun with choice of secret sauce, onion aioli or chipotle aioli

CHIPOTLE CHICKEN WRAP
crispy chicken, cheddar, pico de gallo, lettuce, chipotle dressing, wheat tortilla
$9.25 800 CALS

BUFFALO CHICKEN WRAP
crispy chicken, chopped romaine, cucumber, tomato, cheddar, buttermilk ranch, buffalo sauce, wheat tortilla
$9.25 970 CALS

SESAME GARLIC BIBIMBAP V GF
carrots, kimchi, scallions, quinoa, sesame ginger vinaigrette topped with a fried egg
$7.25 380 CALS

BEAN SCENE VG
roasted sweet potato, three bean relish, avocado, salsa roja, chopped romaine, spinach tortilla
$8.50 520 CALS

CHICKEN TENDERS
crispy fried chicken tenders made to order
3 PC **$7.25** 550 CALS

FEATURED

CUBANO
pulled pork, ham, swiss, smoked bacon, pickles, dijon mayo, telera
$9.00 940 CALS

CHEESE QUESADILLA V
adobo seasoned chihuahua, pepper jack & cheddar cheese on a flour tortilla topped with pico de gallo, sour cream, onions & green pepper
$9.25 870 CALS | **+$3.75** CHICKEN / STEAK

OPTIONS

FRENCH FRIES VG GF DF
$2.75 220 CALS

SWEET POTATO FRIES VG GF DF
$3.50 280 CALS

HOUSEMADE CHIPS VG GF DF
$2.25 140 CALS

BACON (2) GF DF
$2.50 130 CALS

AVOCADO VG GF DF
$1.50 60 CALS

CHEESE V GF
$1.25 110 CALS

BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free bread

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE DF-DAIRY FREE CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.